

Color Harassment

The perpetrators also instruct the staff and tenants here at the Red Cross Shelter to wear certain colors of clothes - mostly **navy blue, army green, burgundy, red** and **pale pink** - which acts as their color signifiers. They then use these main color signifiers repeatedly, to let me know this is **color harassment**. It's not just at the Red Cross Shelter. Civilians everywhere I go are also instructed to wear these color signifiers as part of their color harassment campaign against me. **Color harassment** is also one of the harassment techniques recognised by the UN used by certain regimes to punish whistleblowers, human rights activists, dissidents, journalists and similar.



Harassment techniques include:

1. Surveillance (being followed, electronic surveillance, computer and phone hacking, monitoring all online activities, and bugging of home)
2. Profiles are built to identify any and all weaknesses and insecurities to be used later. Information often obtained through sexual partners or trusted people in their lives.
3. Conditioning where victims are sensitised to certain stimuli such as everywhere you go someone will cough as they walk past you. The goal is to make you self police and then think anyone who coughs is involved in the harassment. People report of conditioning to include hand gestures, an overt use of colour in peoples clothing (like everyone you see wearing red) or cars a certain colour or with headlights on (also known as brighting).
4. Anchoring where someone will provide false rationales for the harassment. Often many possible rationales are planted to keep the victim confused and the focus of the harassment cycles from one possible reason to another round and around so as to keep the victim guessing in a self perpetuating guessing game where every scenario you are to blame and causes self doubt, fear, intimidation, and ultimately a cycle of destructive thoughts
5. Mobbing (or true gangstalking) where everywhere you go you will see an overt display of people following you and often use words you have been conditioned to or your name to draw your attention
6. Street theatre where a group will "perform" an overt activity like a fake confrontation or scenarios designed to test your reactions. Often takes the form of a couple who position themselves near you and then have a conversation using many of your conditioned words or pertaining to your particular situation and sensitivities.
7. The use of directional speakers which have the ability to direct sound to a single individual in a crowded room. This particular item is ultimately the most used and is often referred to as V2K or Voice to Skull and is used extensively in the psychological breakdown of the victim. The use initially is to cause the victim to doubt their sanity and drive them into the mental health system, and later to just torment and never give the victim a moment of privacy or peace. If they do enter the mental health system, then harassment escalates dramatically as the victim has now been "discredited" and can be labeled as someone with a mental problem if they do speak out about the harassment.
8. The use of electronics to effect your eyesight and balance which was originally developed for the military and police crowd control called "dazzling" and even the ability to make you vomit.
9. Sound campaigns which is a community harassment technique where abnormal levels of sound are directed at the victim and their home. This includes cars deliberately breaking or accelerating when they pass, people talking excessively loudly at all hours of the night, amplification of sound using directional speakers so that external sounds that previously couldnt be heard now can, garbage trucks and other heavy vehicles, and countless other deliberate tactics
10. Sleep deprivation - this is perhaps one of the most insidious tactics used where victims are woken multiple times a night and can be kept awake for days at a time. The effects are dramatic and completely debilitating effecting concentration, mood, irritability, appearance, and significantly impacts all areas of their life - job performance, relationships, and significantly aids in discrediting the victim as

Caption: Color harassment is one of the harassment techniques often used in the torture and harassment campaign against dissidents, whistleblowers, human rights defenders, and the like, as recognised by the ohchr - <https://www.ohchr.org>.

The perpetrators therefore have subjected me to a coordinated course of conduct consisting of color harassment, 24/7 intrusive surveillance, mass misuse of private information, commercial exploitation on an industrial scale, relentless harassment, cyberstalking, social media threats, and the weaponisation of doxxing materials. These exact methods are formally recognised by the United Nations Office of the High Commissioner for Human Rights (OHCHR) as core tactics of physical and digital harassment designed to inflict severe psychological distress and compromise personal safety.

See United Nations Office of the High Commissioner for Human Rights (OHCHR), *Harassment Techniques Framework*, available at:

<https://www.ohchr.org/sites/default/files/Documents/Issues/Torture/Call/Individuals/Harassmenttechniques.pdf>.

This official submission repository outlines the systemic deployment of colour harassment, 24/7 illegal surveillance, both with video and audio surveillance devices, hacking, continuous digital monitoring, phone tracking, information gathering designed to build psychological profiles and exploit target vulnerabilities, and many more harassment techniques, aimed at violating as many human rights articles as possible and to completely destroy the victims the will to live.

See some representative examples below how staff and tenants here at the Red Cross Shelter for women in Hvidovre, Denmark, are instructed to wear certain colors - mostly army green, navy blue, pale pink and red - to harass me and to convey surveillance:

2 September 2026

Caption: At approximately 5:23 am, again, immediately upon turning around in bed, I heard someone open the door in sync with my movement again. This individual appeared to go to the bathroom. I then went to the bathroom and it turned out it's her from room **København**, again. Because she has done this a lot - even in the middle of the night. She also wore an **army green** top, which is one of the **key color signifiers** often used in the harassment campaign against me.

She also suspiciously moved here the day after I moved here or on the same day. I think. Because when I moved here on 18 August 2026, the elderly lady residing in room **København** next to me suddenly moved out. Probably so that this woman could move in instead. Therefore, it looks like she was specifically sent to live right next to me to always convey surveillance to me, to harass and spy on me.

I then also went to the bathroom. After coming out of the bathroom and going back to my room at 5:30 am, I observed a giant "X" symbol being drawn in the sky by the aircraft right outside my window again, see the image below, replicating the exact same intimidation method previously used in the UK (transnational oppression). This could be because I had just taken her pictures as evidence of illegal surveillance and voyeurism, and that she acts as a messenger.



At approximately 5:54 am, immediately after writing about the “X” (No.10) symbol, I heard someone open the door and exit the room. This individual went inside the shared bathroom facilities briefly before going back inside their room. It could be the woman from room København again. This further suggests cyberstalking, and they want me to know it by using her as a messenger to suggest intimidation, to assert control over me. It's shocking that the cyber-espionage continues unabated despite knowing full well that I am applying for Rule 39.

At approximately 8:32 am, immediately after I finished using the bathroom and grabbing some toilet paper, I heard some noise nearby.

At approximately 8:34 am, immediately after I wiped myself after using the bathroom, I heard some noise nearby again, which sounded like someone exiting the room and closing the door.

At precisely 8:36 am, immediately after I stood up after finishing using the bathroom, I heard someone enter the adjacent bathroom. It turned out to be a tall female staff member here, who also wore a red cardigan to let me know it's intentional to convey surveillance. Because **red** color, among **army green** and **navy blue**, has been used consistently in the harassment campaign against me, as if to allude to [redtube.com](https://www.redtube.com) where my and my daughter's intimate materials non-consensually obtained via hidden cameras may have been distributed to. Because hidden cameras and audio recording devices have also been illegally installed in my daughter's residence where she lives in Germany, to also sexually abuse and exploit her. Particularly every attempt to warn my daughter about this and to urge her to contact human rights lawyers is met with evidence tampering, manipulation, gaslighting, and an escalation in severe harassment & witness intimidation. This is clearly not the behavior of innocent parties.

At approximately **8:44 am** on 19 September 2026, immediately upon finishing typing the previous paragraph about the sexual abuse & exploitation that extend to my daughter as well, I heard what sounded like someone close the door. This is how they use civilians to convey constant cyberstalking in a variety of ways. The time ended in the number "44" (**8:44 am**) was also intentional, to symbolically allude to **Article 4** (freedom from slavery and forced labour in all its forms), which also includes human trafficking. Because I wrote in my legal documents some time ago about **Article 4** and how I believe they see me and my daughter as their "property" by sexually abusing & exploiting us for profit via hidden cameras and even preventing me from contacting lawyers and human rights groups to stop this. They detected this sensitive information via constant cyberstalking and used this to constantly provoke and insult me for maximum infliction of emotional distress. Hence, they won't stop monitoring my devices, which would eliminate their ways of gaining my information unlawfully for malicious purposes.

This is both to provoke me and inflict severe emotional distress by consistently using "red" color to refer to [redtube.com](https://www.redtube.com). So, they don't just commit crimes against me and my daughter but also make sure that they simultaneously inflict severe psychological harm as much as possible, as part of their psychological torture campaign against me.

One of the Red Cross Shelter staff members, whose name is Sanne, wearing a **red** cardigan to symbolically refer to the porn site [RedTube.com](https://www.RedTube.com) **where they have supposedly sold my intimate materials to**, was even used to convey voyeurism in the shared bathrooms by sending her to go use the bathroom at the exact moment I was finished using the bathroom. This poor woman has no idea that her privacy has also been violated via hidden cameras and audio recording devices illegally installed in the shared bathroom & shower facilities as well - not just in my own private room.

They have never used a staff member here to convey surveillance or voyeurism in the shared bathroom before. It's the first time that they're doing this, as if to show their impunity. She has no idea that she is being used as a messenger to refer to [redtube.com](https://www.redtube.com) by wearing a **red** cardigan. Because **red** color has also been used consistently in the harassment campaign against me, to refer to this porn site to cause me distress and to humiliate me.

At approximately 9:30 am, immediately after finishing making the coffee and walking back to the table, **Ida** suddenly opened the door to the canteen and walked in. Because it's her who had to accompany me to the dentist today. This strongly suggests once again that they are also illegally monitoring all my movements here via CCTV for malicious purposes such as to make me feel excessively monitored to cause extreme distress, to monitor all my movements so they can instruct the staff and tenants here when and where to harass me. Ida also wore a jacket with some **army green** and **navy blue** colors. Clearly, the staff here are acting under instructions.

At approximately 11:25 am, immediately after I finished urinating in the bathroom, I heard what sounded like someone slamming a car door shut outside or some kind of a thud sound nearby, replicating the exact same method of hints, among many, previously used in the UK by the UK state actors, to let me know I am being non-consensually watched and recorded 24/7. They then use this precise method as a form of conditioning. So I know it's not coincidental but to let me know that I am being constantly watched, to make me feel uncomfortable around the clock as part of their psychological torture campaign against me across borders.

Frederikke, one of the female staff members here also wore **red** Adidas pants. **Adidas** and **Nike** brands have also been used consistently in the harassment campaign against me. But mostly **Adidas**. The staff and tenants here appear to have received **free Adidas and other clothing** in specific colors, such as **red** and **navy blue**, to wear to harass me.